

Premier Level (U14-U19)

These are the top 6-7 teams in the State and the competition to achieve this status and maintain it takes effort and commitment. Teams will practice year round and travel to out-of-state tournaments. Families and players on a Premier team need to expect a high level of commitment in both time and money.

Summer Season (March-July)

- Practice/conditioning 3-4 times per week
- Games (May-July) 1-2 times per week
- State Cup in May
- Tournaments 2-4 weekends including out-of-state

Fall Season

- Most players at this age are playing at the high school level at this time
- A U14 team can play in the Fall MYSA League at the C1 Level or they may choose to play in tournaments and/or scrimmages. They will then practice 2-3 times per week.

November & December

- Training at the coaches discretion

January-February

- Practice/conditioning 3-4 times per week
- Scrimmages indoors
- Possible out-of –state tournament

During the off season team events will try to be flexible around other outside sports/activities however, at this point it is assumed that soccer is the highest priority. Players are expected to attend 80% of the team events in the off season. During the summer season participation is expected to be at 95%.

I/We understand the required level of commitment and wish to be considered for a Premier Spot.

X _____ date _____
Player

X _____ date _____
Parent